





UKPE CROSS-BORDER LEARNING AND INNOVATION COLLABORATIVE

Making space for interdisciplinary research, dialogue, and collaboration in Physical Education and Health and Wellbeing

EXPLORING THE PHYSICAL EDUCATION AND HEALTH AND WELLBEING CURRICULA ACROSS THE FOUR NATIONS OF THE UK

Welcome to the UK Physical Education (PE) Collaborative series of infographics. This is the first in a series of five infographics.

WHAT IS THIS RESOURCE?

This is a series of infographics to share some of our key findings from the research we have carried out exploring the Physical Education and Health and Wellbeing curricula across England, Northern Ireland, Scotland and Wales. In doing so, we aim to promote cross-border curriculum discussions, learning and collaboration across the UK and beyond.

WHO ARE WE?

The UK Physical Education (PE) Collaborative was formed by a group of researchers (each with an affiliation to the education systems in England, Northern Ireland, Scotland and Wales) interested in exploring the PE curricula from across the four nations of the UK.

AIM AND PRINCIPLES

The main aim of the UK PE Collaborative is to work with PE teachers from across the four nations of the UK to create space for discussion, critical analyses and cross-border learning. The UK PE Collaborative is guided by the following core principles:

Relate research to practice so that it is accessible and meaningful.

> Facilitate across borders

The 4 UKPE Core **Guiding Principles**

Build capacity

Work collaboratively discussions with and learn from teachers









Images (L to R): Yan Krukov / Pexels, Loughborough University, Mary Taylor / Pexels

SUMMARY OF OUR WORK

To date, we have carried out three phases of research:

Phase 1

We completed a series of cross-border curriculum analyses to understand the messages conveyed about the nature and purpose of PE in each context.



Phase 2

We spoke to PE teachers from across the UK to understand how they conceptualise and enact PE.

Phase 3

We delivered a series of cross-border professional learning workshops with PE teachers from across the UK to share knowledge and experiences, and reflect on how cross-border learning might influence how they understand their own context.

WHO ARE THE INFOGRAPHICS FOR?

The infographics are for teachers, pre-service teachers and teacher educators interested in PE and Health and Wellbeing across the four nations of the UK.

HOW DO I USE THIS RESOURCE?

The infographics can be used to learn about the different curricula across the four nations of the UK. They encourage readers to explore the similarities and differences in curricula across contexts, and critically reflect on how this learning might influence their own curriculum - as well as how they might re-imagine PE and health and well-being for the future.



