# **UK Cancer Costs Questionnaire (UKCC) Version 2.6**

The UKCC is a questionnaire designed to capture the costs of cancer and resources used by people with a current or previous diagnosis. As part of our project (REEACaRS) we use this questionnaire to investigate the costs borne by the health and social care services and people who have been attending cancer rehabilitation. This information can help us understand how resources are used after cancer diagnosis and rehabilitation and it can indicate what changes are needed to provide the best quality services for everyone who has been affected by cancer. Please read all the questions and answer them to your best knowledge.

This set of questions is aimed at finding out the financial cost to you and your family and the health services over the last 3 months. If you are unsure about any answer please write in your <u>best guess</u>.

Please tick <u>one</u> box for the category that describes your employment status <u>prior to your diagnosis</u> <u>of cancer</u> .
In full time employment (30 hours or more a week) In part time employment (less than 30 hours a week) Employed but on sick leave Retired Not in paid employment
Please tick one box for the category that describes your current employment.  In full time employment (30 hours or more a week)  In part time employment (less than 30 hours a week)  Employed but on sick leave  Retired  Not in paid employment
If you are employed, approximately how much time have you taken off work <u>in total</u> during the <u>last 3 months</u> due to your health? Please <b>give us the <u>number</u> of hours and days</b> .
Do you have dependent children at home? Please <b>tick box</b> where appropriate.  Yes No
Have you <b>provided</b> support for someone else with health problems? Please <b>tick box</b> Where appropriate.  Yes  No
Have you <b>received</b> help or support from family or friends due to your own health problems? Please <b>tick box</b> where appropriate.
If yes, approximately how much time have they set aside to help you in a typical week? Please give us the <u>number</u> of hours and days.  hours days
If yes, and if they work, approximately how much time have they taken off work in order to help you in a <b>typical week</b> ? hours days

# **Healthcare log**

In the past 3 months, did you see any health or care professionals in the hospital or community? (This refers to all health care and social care. This includes for example your GP, practice or community nurse, social worker, home help or physiotherapist who is not based in the hospital.)

Please indicate the person you saw, <u>how many times</u> you saw them. If the type of professional is not listed then please write this in. Please record all contact whether or not this was cancer related.

NUMBER OF VISITS	Home	Hospital		GP	Ву		
	visit	On the ward	Outpatient clinic	Practice /Clinic	phone	Reason for visit	
GP/Medical Consultant							
Nurse							
Phlebotomist							
Dietitian							
Occupational therapist							
Physiotherapist							
Speech and language therapist							
Other Health Professional ()							
Other Health Professional ()			on a senarate				

Please continue on a separate sheet if required.

In the **past 3 months** have you been admitted to the hospital as an **in-patient** (had to stay **overnight**) for any reason? (*Please indicate the <u>reason for your stay and approximately how many nights you spent in the hospital on each occasion. If you cannot recall it, please give us your <u>best quess</u>.)*</u>

Reason for stay			
			Nights
Please continue on a separate sheet if required.			
In the past 3 months, did you spend any time indicate the <u>number</u> of visits or <u>days</u> spent at the us your <u>best quess</u> .)  Accident and emergency department	-	· .	•
Minor injuries clinic		Number of visits	
Medical/Surgical Admission Unit (MAU/SAU)		Number of visits	
Surgical Decision Making Unit (SDMU)		Number of visits	
X-ray/Imaging/Scanning department		Number of visits	
Radiotherapy		Number of visits	
Chemotherapy day unit		Number of visits	
Lymphoedema service		Number of visits	

In the past 3 months, did you spend any time in any of the following places? (Please indicate the <u>number</u> of visits or <u>days</u> spent at these places. If you cannot recall it, please give us your <u>best guess</u>.)

Days
Days

In the past **3 months**, did you visit <u>any support services</u>? (This could include <u>Maggie's Centre</u>, <u>Old Mill Foundation</u>, <u>Cancer Information & Support Services (CISS)</u>, <u>Sandville Self Help Centre</u>, <u>Carers Centre</u> or <u>any other support service</u>.)

Please write down the <u>name</u> of the support service and the <u>number</u> of visits. If you cannot recall it, please give us your <u>best guess</u>. Please tick the reason for your visit.

Support Service (Please name the	Number of	Reason for visit (Please tick where		
support service.)	visits	appropriate.)		
		Advice/signposting		
		Information event		
		Educational event		
		Support groups		
		Complementary therapies		
		(mindfulness, relaxation,		
		aromatherapy)		
		Exercise group		
		☐ Self-management		
		☐ Finances/money		
		Other: (please specify)		
		Advice/signposting		
		Information event		
		Educational event		
		Support groups		
		Complementary therapies		
		(mindfulness, relaxation,		
		aromatherapy)		
		Exercise group		
		☐ Self-management		
		☐ Finances/money		
		Other: (please specify)		
		Advice/signposting		
		Information event		
		Educational event		
		Support groups		
		Complementary therapies		
		(mindfulness, relaxation,		
		aromatherapy)		
		Exercise group		
		☐ Self-management		
		☐ Finances/money		
		Other: (please specify)		

Please continue on a separate sheet if required.

# <u>Travel</u>

Over the past <u>3 months</u> :	
How many miles in total have you travelled to attend hospital or other health or social appointments including any unplanned visits? Please record all travel whether or not it related.	
Miles	
How did you travel? (Please tick where appropriate.)	
<ul> <li>□ Own car</li> <li>□ Public transport</li> <li>□ Hospital transport</li> <li>□ Other: (please specify)</li> </ul>	
If you travelled with your <u>own car</u> , how much have you spent on healthcare-related parking?	£
If you travelled with <u>public transport</u> , how much have you spent on public transport?	£
transport:	
Any other travel related expenses (please specify):	£

# Medications

What medications are you currently taking on a regular basis including over-the-counter and non-prescription medications? Please record the <u>name</u> of all medications. This will help us estimate how much the medication cost of cancer is.

Medication name	Dose	Taken since	On prescription? (tick if yes)

Please continue on a separate sheet if required.

# **Other Expenses**

Please record any other expenses **you have had to pay for** over the <u>last 3 months</u> because of your health or treatment. Please **name and record all <u>expenses</u>**, whether or not they were related to your cancer.

(This could include special diet, supplement, childcare, special equipment, garments, clothes, utilities or complementary therapies such as, reflexology, reiki, mindfulness, aromatherapy or acupuncture.)

Brief description	Approx. Cost (£)			
Please continue on a separate sheet if required.				
Have you faced any other expenses related to cancer which are not mentioned in this questionnaire? If yes, please tell us about it below.				
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Thank you so much for your help and time!