



**Who are we, what
do we do and
why?**



OUR

MISSION

To become the sector leading charity in Scotland which supports children and young people, from serving personnel, reservist and veteran families, by providing exciting opportunities to get involved and amplifying their voices to inspire change.



OUR VISION

To make Scotland a place where all armed forces children & young people can thrive.



WHO WE SUPPORT

We support the children and young people of Scottish regular and reservist personnel as well as veterans of all arms of the British Armed Forces, who reside anywhere across the United Kingdom.

What's more, we support the children and young people of regular and reservist personnel who aren't Scottish and are currently based or residing in Scotland.



What are the challenges?

- Isolation
- Separation
- Loss
- Uncertainty
- Lack of stability – multiple house, school and community moves
- Transitions
- Caring responsibilities
- Issues with identity, belonging
- Lack of understanding from others

Lots of accompanying emotions - anxiety, worry, fear, sadness etc



What young people tell us



A word cloud of phrases from young people, arranged in a roughly triangular shape pointing right. The phrases are in various colors and orientations. The colors include shades of blue, green, red, orange, and purple. The orientations are mostly horizontal, but some are rotated 90 degrees counter-clockwise.

different from the rest
problems concentrating
school not noticing
losing identity
angry when dad is away
anxious
someone missing
pressure
constant adjustment
feel sad
by myself
a person is missing
worried about dad
jealous of others
left on my own
no support any more
school not understanding
worrying
feeling low
upsetting
nobody to talk to
its all me
worried
feeling low
upsetting



How we help



We create opportunities to get involved, make friends and be heard

The voices and experiences of children and young people from serving personnel, reservist and veteran families really matter.

Nobody is better placed than you to be a force for change in your community, and so we build brilliant opportunities for you to be heard, make new friends and get involved in lots of different, creative ways.



We give financial support in different ways

We understand that a range of things can affect a serving personnel, reservist and veteran family's financial situation.

Financial assistance to help you (sometimes via your family) is available via a range of different funds that provide support up to the age of 24. This could help you care for a loved one or support you to gain qualifications at college or university.



We deliver projects & services that support children & young people

Sometimes children and young people from serving personnel, reservist and veteran families need some additional support.

We've developed a range of services that help support things like your mental health and wellbeing as well as education and learning. These are built based on listening to your needs and research evidence.



We provide advice and support to those who support you

Every child and young person from a serving personnel, reservist and veteran family has the right to have every opportunity to reach their full potential.

That's why we make sure that those who support you, like your teachers, understand and respond to the challenges you face through a programme of training, resources, research, and access to our advisory service.



We build sector partnerships to help influence big change

We believe that sustainable policy change for the better, will only be achieved if everybody works together.

Too often children and young people from armed forces families are not heard, and that's not right. We amplify your unique experiences to help influence big decisions in Scotland. You should always be on this country's radar.

What we currently do



Participation



Education



Grant giving



Mental Health and Wellbeing Support



Policy and Influencing



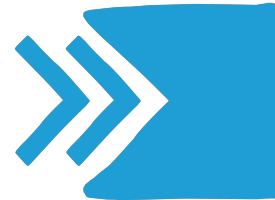
NTO secondment



A flavour of Some of the work we are developing.....



More partnerships across the sector



More family support. Including for veteran families



Stronger collective influencing



Wider support for transitions beyond education



More MHWB support, including peer support



More opportunities to celebrate the positives



New website....

**One stop place for information related
to Armed Forces Children and Young
People**

**For young people, families and
professionals**

Host our Your Mind Matters platform

Host our new Advisory service



CAMPAIGN –

Helping the wider public
understand the issues affecting
children and young people from
serving, reservist and veteran
families

