# Men's Workshops on Suicide and Suicide Prevention

Suicide in/as Politics Information Booklet



#### **About Us and Our Research**

We are a team of researchers based at the University of Lincoln and the University of Edinburgh

We are running a project that looks at the politics of suicide and suicide prevention in the UK

We want to give you the opportunity to tell us what you think about suicide and suicide prevention in the UK and in your local community

And so we are running a series of workshops for the public

#### **Workshops for Men**

Men account for around three quarters of deaths from suicides each year

Suicide is the biggest cause of death in men under the age of 50

We want to hear the voices of men and to give men a chance to speak back to both government suicide prevention policy and to politicians



### What Will Happen During the Workshops?

The workshops will be small, around 6-8 people

They will take place either online or face to face

At the start of the workshop, we will tell you a little bit about our research and give you a chance to ask any questions

We will show you extracts from suicide prevention policies, political debates on suicide and other pieces of information

Through a series of discussions and activities you will be able to tell us what **YOU THINK** about what we have shown you

The workshops are our chance to hear your voice







## The workshops will be being run by Dr Alex Oaten, from the University of Lincoln



If you want to take part in the workshops or find out more about our work then please contact Alex:

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