# Officially a proud member of the Rainbow Enterprise Network

This is to certify that the University of Edinburgh is a proud member of the Rainbow Enterprise Network.

By joining, they have pledged to actively and positively promote equality, diversity and inclusion. Everyone is very welcome to use their spaces and services, including LGBTQ+ and intersectional communities. This is a safe place and they will treat all people with kindness while promoting the value of compassionate inclusion to others.

# Colleague Heartstopper

Review:

Margaret Blake shares some thoughts on the new LGBT+ coming-of age series.

Hi, I'm Margaret and I work at the School of Informatics.

I was just speaking with Jonathan (Staff Pride Network cochair) about 'Heartstopper', a new series that is available on Netflix, which I've been watching with my 14 year-old daughter. She'd mentioned it to me recently, as she'd binge watched it all in one night, has since watched it all again, and asked me to watch it with her.

It's a brilliant, feel-good teen drama. The story is set in two schools — an all-boys school and an all-girls school. The main character is Charlie, an openly gay teenager who has to sit next to Nick in his form class. Nick is an older boy, enjoys rugby, has a group of boisterous mates and lots of girls fawn over him. Charlie really likes Nick but thinks there is no chance of anything romantic happening, so makes do with becoming Nick's best friend, until a party changes all that.

Meanwhile, Charlie has a group of really good friends including Tao, Isaac and Elle. Elle is a trans pupil and has recently moved to the all-girls school. SPOILER ALERT: She has a positive experience at the all-girls school.

This is classed as a coming-of-age series, and that perfectly describes it. I've still got two episodes to watch and I'm really looking forward to watching them with my daughter. It makes me happy to watch, and I think it's brilliant that things have come on so far in television that such a series even exists, as it wouldn't have when I was growing up in the 80s.

Did you enjoy Heartstopper? What other LGBT+ media are you enjoying? Let us know in the comments or via socials: Twitter | Instagram

e: staffpridenetwork@ed.ac.uk

# Edinburgh LGBT+ Medics Society Event: 'Tell Me About It'

Edinburgh LGBT+ Medics Society invite you to our first event of LGBT+ History Month — 'Tell Me About It'.

Meet us in Room G.01, 50 George Square at 7.30pm on this Monday 7th.

This is a great opportunity to meet members of our society and build connections with LGBT+ people and allies across the year groups. It's a very casual and no-frills event providing a safe space for people to meet and talk about anything and everything.

We'd love to see you there, Many thanks Zac

Zac Finch (he/him)
Secretary
Edinburgh University LGBT Medics

# Inclusive language setting in Outlook

We would like to share this wonderful

# diversity tip regarding an inclusive language setting in Outlook.

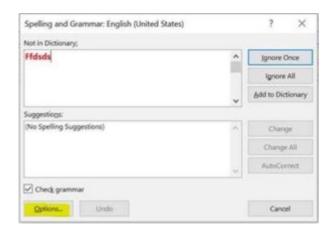
The setting in Outlook means you can enable checks for inclusive language when spell check runs for your emails.

#### Here is how to enable it:

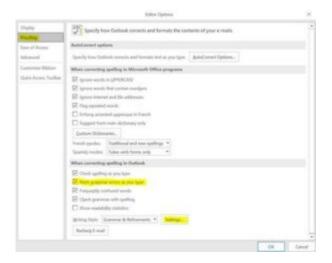
In a new email, go to 'Review', then select 'Spelling & Grammar' (you might have to misspell a word in the body of your email to get the pop-up)



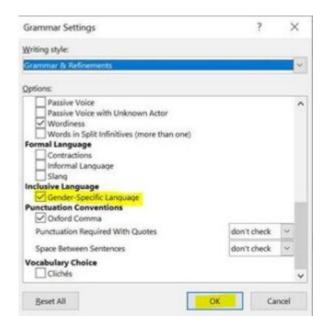
Select 'Options...' in the pop-up window



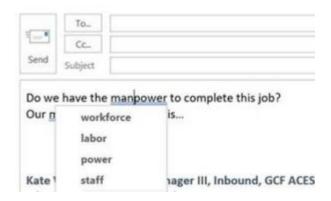
Select 'Proofing' from the left side menu, then enable 'Mark grammar errors as you type', then select 'Settings...' beside Writing Style



Under Inclusive Language (scroll almost to the bottom of the list), enable 'Gender-Specific Language', then select 'OK'



Spellcheck will now run for inclusive language, see examples below...



Examples of the change:



### In response to 'Sex Matters' letter

Dear Network Members,

You may have become aware of a letter by a collective of academics operating under the name 'Sex Matters' written to the Chair of the Equality and Human Rights Commission demanding a "Reindorf Review" for the higher education sector. While we are once again loath to draw attention to these beliefs, we also recognise that silence does not make our position clear to those in our community most affected by these beliefs and the ways in which these beliefs are expressed. This statement is to reinforce our solidarity to those affected and that we will continue to work in ways which support our trans and non-binary colleagues and students.

This letter paints a very biased view of the current situation regarding academic freedom in UK Higher Education institutions and depicts those academics who share 'gender critical' beliefs as victims of 'trans rights activists'. There is no reflection on why students and staff might feel motivated to protest those academics actively promoting their 'gender

critical' beliefs and a failure to acknowledge the harms experienced by the trans and non-binary members of these communities as a consequence of discriminatory expressions of these beliefs. For clarity, the Staff Pride Network committee would like to make it known that we do not endorse this viewpoint of the situation. It is clear to us how harmful 'gender critical' beliefs are to the trans and non-binary members of our community, and that reductive, biologically essentialist attitudes towards sex are also damaging to everyone. No-one thrives if they are forced to adopt an identity based on binary sex characteristics, while trans and non-binary members of our community are especially and significantly harmed by this.

The letter claims that the Stonewall Diversity Champions Scheme promotes misleading information about the Equality Act which is simply false. It also criticises Athena SWAN for encouraging HEIs to monitor gender and not sex. We support the monitoring of gender and of gender diversity in our institutions because it is far more realistic to learn about how our staff live their lives and how they move through the world as their lived gender identities rather than forcing select a binary sex characteristic that staff to may be wholly inaccurate and may force trans and non-binary o f staff tο disclose sensitive private information about their gender history.

We make no disagreement with the notion that a distinction can be made between sex and gender. Biological sex is a complex combination of anatomy, hormones and chromosomes that can result in a variety of sex characteristics in the human population. Gender is also a complex combination of the ways in which we experience and present our identities in a multi-gendered world. We reject the characterisation in the letter that there are UK Universities that impose a 'radical gender orthodoxy'. This appears to be an attempt to stigmatise those who do not conform to an antiquated belief system

that promotes a binary understanding of sex. We also recognise that sex is a protected characteristic. The guidance around the Equality Act as to how sex is determined is broad, it does not provide a precise definition of sex and it does not specify that sex is rooted in 'biological sex'.

We are concerned to note the names of 28 current and former University of Edinburgh staff as signatories of this letter, many of whom have a significant platform (through lectures, publications and other opportunities) to share 'gender critical' beliefs. While we recognise the freedom of those individuals to hold and express these beliefs, they should recognise that exercising freedom does have implications for other people, and that just as they are free to hold and express their beliefs, others are free to counter-argue or take other lawful action (such as protesting) in response. In particular, however, it is right to recognise that no one is free to express their beliefs, or their disagreement with others' beliefs, in ways that are abusive or discriminatory. Members of our network have been deeply disturbed by this letter, as well as members of the student community. We extend our solidarity to those affected and will continue to work in ways which support our trans and non-binary colleagues and students.

We hope that one day all staff and students are able to go about their lives feeling safe, respected and without harassment.

#### The Staff Pride Network Committee

# Adding Pronouns in the University Systems

Please note this workaround no longer works we are currently trying to find a solution.

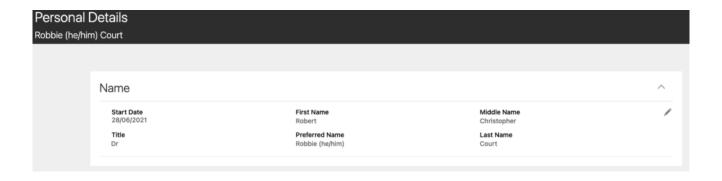
# Adding Pronouns to all University Systems

The quickest and easiest way is to add to 'Preferred Name' on either MyEd (for students) or People & Money for PhD students and staff:

#### People & Money

https://elxw.fa.em3.oraclecloud.com/fscmUI/faces/FuseWelcome

Personal Information > Personel Details

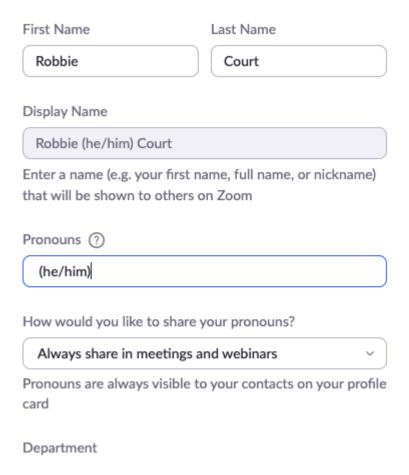


#### Zoom

The university zoom accounts profiles support pronouns however don't use it with the 'Preferred Name' change above unless you want it twice.

https://ed-ac-uk.zoom.us/profile

Click edit on the right of your name:



RESOURCES PRONOUNS

ON

**PERSONAL** 

# First Steps to Trans Inclusion; Stonewall Workshop 29/6/21

by **Tracy Noden** (she/her)

Tracy is an LGBTQ+ Advocate at the School of Law, SPN Events Team volunteer and staunch ally to LGBTQ+ people. She regularly attends SPN events and training and we are very grateful for her significant contribution to the Staff Pride Network.

This opened with two excellent speakers (Dr Kamilla Kamaruddin and Mia Weston). There are so many challenges and negative stats, but both are hopeful for the upcoming, more inclusive, woke generation. The sky is the limit for ally support, but at the very least speak up when trans people need support. It's vital to protect trans kids in schools. The only two situations in which to ask for a trans person's surgical status are medical and dating situations, and even then sensitivity is required.

#### <u>Terminology exercise:</u>

Trans is the term for everyone under that umbrella; there was much argument about using transsexual/transgender in the 90s, but the trans community has accepted trans as correct.

Not all trans people experience gender dysphoria, and those who experience it don't necessarily experience it in the same

way.

Cis is used because it's the Latin prefix opposite to trans. Referring to someone as non-trans rather than cis is also ok.

#### <u>Understanding Identities:</u>

Be more conscious of all the possible aspects of a person's identity, and don't assume ANYTHING based on any one of their aspects.

Provide a bin in men's loo cubicles for the sake of trans males or nonbinary people who menstruate.

Consider any questions you might ask a trans person very carefully; why do you want to know, and is this the right situation in which to ask?

#### **Trans experiences:**

Trans bladder is a medical term that refers to bladder/urinary tract issues being more common among the trans community, possibly stemming from issues of trans people not feeling comfortable using a gendered public toilet.

#### **Creating an Inclusive Environment:**

There are so many benefits of enabling trans/nonbinary people to express themselves naturally. There are so many potentially harmful effects for trans/nonbinary people who can't express themselves freely.

The Equality Act 2010 requires workplaces to be inclusive.

Allies should disclose their pronouns at meetings and in signatures to encourage others to do so and help normalise this.

If you make a mistake, apologise, correct yourself and move on. Listen first, ask if in doubt and always respect the individual's choice.

Correct colleagues if needed (even if the trans person isn't there), and show trans colleagues that their identity is being taken seriously.

Communicate to all staff that all gender expressions are welcome and valid.

Don't comment on whether you feel a trans person could be more "convincing" or that they are "convincing". This is totally inappropriate!

Provide non-gendered toilets.

Recognise that non-gendered facilities allow everyone to access a safe space.

Communicate to staff that anyone can choose which facilities align with their gender identity and they can use them without fear of harassment or intimidation. Understand the use and limits (eg not every trans person wants this) of genderneutral facilities.

An accessible toilet is NOT a substitute for a non-gendered toilet.

Stonewall's toilets are all non-gender, and every stall is fully private (each cubicle's walls go all the way from the floor to the ceiling) and some have sinks/mirrors.

It's great to have men's, women's and non-gendered toilets.

Create and highlight HR policies and employee support protocols. These policies add to the support all staff might need rather than taking away existing protections.

Make opportunities and support available to trans people, and encourage trans colleagues to consider themselves for new opportunities.

Think about how your actions at work contribute to making sure that trans colleagues are represented and included. Small things can make a big difference.

#### Being an Ally:

Be visible, and help create an inclusive workplace.

Don't even passively accept transphobia and other bigotry.

Be visible, actively lead, be a role model (eg using correct pronouns even if others don't).

Recommended Media (in bold and underlined if especially
recommended):

Netflix: <u>Disclosure</u>, Sense8, Pose, Tales of the City, Drag Race UK, Dragnificent

Other TV: <u>Veneno</u>, Transparent, Euphoria

Films: Paris is Burning, No Ordinary Man: The Billy Tipton Story, Keyboard Fantasies, By Hook or by Crook, A Fantastic Woman, Something Must Break

Comedy/Performers: Mae Martin, FOCitup, Travis Alabanza

Podcasts: One from the Vault, Bad Gay, What the Trans?!, Translash, Marsha's Plate

Activists: Fox and Owl Fisher, Juno Dawson, Munroe Bergdorf, Kuchenga, Liv Little / GalDem, Lady Phyll, Kenny Ethan Jones

Books: The Transgender Issue by Shon Faye, Transgender History by Susan Stryker, <u>Lote by Shola von Reinhold</u> and Redefining Realness by Janet Mock

## Stonewall Training

### **Empowerment**

by David Radford

I attended the second part of the empowerment training course run by Stonewall on the  $25^{\text{th}}$  February. I was quite pleasantly surprised to see such a wide variety of attendees — everything from the academic sector to government departments and the banking sector.

It was notable that they reported within the workplace the LGBT community is not evenly treated, with 83% of lesbian and gay respondents of a survey stating that they felt their

workplace was inclusive of them, while this number dropped to 52% for bi and only 48% of trans respondents. One thing which I was aware of but maybe not as *actively* aware of as I could be was discrimination and bias from within the LGBT+ community towards smaller or less visible groups.

The main aim of the workshop was to help identify the potential shortcomings and problems which arise from making network spaces for LGBT+ members of staff, which can create issues with cliques and exclusion, difficulties breaking into the group and issues of tokenism, and really highlighted the importance of diverse representation in the leadership and decision-making of groups as well as being open to criticism, willing to make changes and above all welcoming to newcomers.

For me, at least the main take-home message of this was to be aware of who I am interacting with and not to make assumptions when planning activities, as well as trying to engage others in decision making. That pub trip or countryside walk might be good for the morale of those attending, but it can cause other issues including financial, religious, family or accessibility problems, which can exclude a whole host of other people from attending.

## Staff Pride Network Newsletter — Feb 2021