

Research Seminar: World AIDS Day 2020

In recognition of World Aid's Day 2020 and this year's theme of "Resilience", the University of Edinburgh Staff Pride Network hosted a panel event to address the question: How is the COVID-19 pandemic affecting individuals living with HIV/AIDS in Scotland and around the world? and share insights as to how communities and health systems have demonstrated resilience and sought to strengthen HIV prevention services in the context of a global pandemic.

Our Panel members were:

- Robert Pollock from Waverley Care
- Socorro García – Casa de la Sal (Mexico)
- Germán Martínez Blanco – AHF Mexico
- Rocío Sánchez Granillo – preVIHene (Mexico)
- Fraser Serle – HIV Scotland volunteer

Robert Pollock is a Health Improvement Coordinator at Waverley Care, he's based in Edinburgh, currently working from home. He has been part of Waverley Care since 1995, initially as a befriending volunteer and since 2011 as a paid employee. He works in a small team offering outreach support to people living with HIV and/or HepC. This team has worked throughout the COVID-19 pandemic, offering a blend of in-person and telephone support and advice.

Socorro García Estrada is a psychologist graduated from the National University of Mexico (UNAM), psychotherapist, and thanatologist. She delivers person-centred awareness training for medical staff on topics of care for people living with HIV. She has 25 years of experience providing psychological orientation to people living with HIV. She is part of the Citizen Council on HIV in Mexico City and is Programme Director at La Casa de La Sal, a Civil Association that

provides comprehensive care for people with HIV/AIDS and their families.

Germán Martínez Blanco is an independent actor and psychologist graduated from the National University of Mexico (UNAM). Since 2003 he has worked in NGOs, coordinating community psychological care programs. Since 2010 he has specialised in the HIV field doing prevention, early detection, and accompaniment of people living with HIV. He currently coordinates the Linkage to Medical Care programme in AHF Mexico and promotes the cabaret play entitled "Lights Out" with the Doom Cabaret company.

Rocío Sánchez Granillo López is a Psychologist, Psychotherapist, and PhD candidate in Human Sexuality. In her role as a lecturer at Universidad Iberoamericana in Mexico City, she supervises psychology trainees working with people living with HIV. As a result of this work, she co-founded 'preVIHene Por tu Vida', an organisation dedicated to deliver comprehensive sexual education programmes on primary prevention of STIs, unplanned pregnancies, and sexual health promotion.

Fraser Serle is a member of HIV Scotland's Community Advisory Network and Lothian HIV Patient Forum. He was also vice-chair of Positively UK in London until earlier this month.

Trans Day of Remembrance

Vigil

On the 20th November 2020 the Glasgow Mission, Order of Perpetual Indulgence created a safe space of remembrance and celebration of the lives lived as well as lost. They honoured those past in spoken word, poems and music.

The hosts lit candles and asked attendees to light a candle or shine a light in this dark time. They said the names of those past and remembered the life they lived and mourned their passing as a community. We could not meet our loved ones during this pandemic but we came together online in remembrance.

Following a minute of silence for those lost, we had a minute of noise to celebrate their lives and contributions.

Rainbow Office Hours

Now, more than ever, we need to talk. So the Staff pride Network has set up **Rainbow Office Hours**. A chance to make a connection with another LGBTQ+ staff member, or PG student, at the University.

Each month*, the last Friday of the month at 12-1pm, a few of our members will be standing by – check our website for details of who is available. Pick out someone you'd like to talk to, and drop them a line in Teams to check they're not with someone else (i.e. a digital knock on the door!). After that, you two are free to chat about anything and everything. You might have specific things you want to talk about, or it might just be the pleasure of spending some time with someone like you.

We're not a counselling or support service, but we do believe in the power of community – so why not take a moment to make that connection and feel just a wee bit better.

- Sue Fletcher-Watson: My name is Sue. I'm a cis woman and I'm bisexual. I've been married for 15 years to a cis man and we have two kids – everyone assumes we're a heterosexual couple. I am happy to chat about the experience of being bi (or pansexual) generally and specifically about bi-visibility and bi-phobia.
- Karen Pinto-Csaszar: I'm Karen and I'm a Student Support Officer at Edinburgh College of Art. I am a cisgender straight woman who is part of the 'BAME' community (Latin-American) and am interested in chatting with staff and students of any orientation about (among many things) the contribution allies might make in supporting and learning from the LGBT+ community, including and perhaps especially potential allies who may feel interested but hesitant to get involved. I'm also interested in chatting about matters of the BAME community at large, including being a BAME expat!
- Chloe Stanton: Senior Electronics Engineer in the School of Physics and Astronomy, I'm a pansexual trans woman, not currently in a relationship, and interested to chat to PhD students and any staff about being visibly trans within the university or just LGBTQI+ issues in general.
- Robert (Robbie) Court: I'm a PostDoc in the School of Informatics specialising in insect neurobiology. Label wise I am Gay, Autistic, Humanist, Dyslexic, Prosopagnosic and have ADHD. I've been with my 'husband' (not got round to the now available paperwork – one day) for over 25years, he came with a son who is nearly 30 now.