

# Join the SPN/Sports Union Sport & Physical Activity Survey and Facility Tour

In another exciting collaboration, our Social and Events Officer Jonathan MacBride and Neil Rankin, the Sports Coordinator (Volunteering & Participation), have put together a comprehensive survey to encourage greater participation in sport and active health within the Staff Pride Network. The survey is now open and will be accepting responses until the end of May.

Please share your thoughts and experiences by completing the survey.

Additionally, to get a real feel of the facilities and resources we have on offer, Jonathan is planning to organise a tour of facilities in June. More details will be shared soon, but we encourage you to mark your calendars.

For additional resources on sport and exercise, check out these links:

- Sport & Exercise
- Firbush Outdoor Activity Center
- FASIC Sport & Exercise Medicine Clinic – Note: staff discounts are available on physio and rehab.
- Sports Union Clubs – Many of these have non-student memberships.

Thank you for your active participation and contribution in making the Staff Pride Network a vibrant community.