

# Research Seminar: World AIDS Day 2020

In recognition of World Aid's Day 2020 and this year's theme of "Resilience", the University of Edinburgh Staff Pride Network hosted a panel event to address the question: How is the COVID-19 pandemic affecting individuals living with HIV/AIDS in Scotland and around the world? and share insights as to how communities and health systems have demonstrated resilience and sought to strengthen HIV prevention services in the context of a global pandemic.

Our Panel members were:

- Robert Pollock from Waverley Care
- Socorro García – Casa de la Sal (Mexico)
- Germán Martínez Blanco – AHF Mexico
- Rocío Sánchez Granillo – preVIHene (Mexico)
- Fraser Serle – HIV Scotland volunteer

Robert Pollock is a Health Improvement Coordinator at Waverley Care, he's based in Edinburgh, currently working from home. He has been part of Waverley Care since 1995, initially as a befriending volunteer and since 2011 as a paid employee. He works in a small team offering outreach support to people living with HIV and/or HepC. This team has worked throughout the COVID-19 pandemic, offering a blend of in-person and telephone support and advice.

Socorro García Estrada is a psychologist graduated from the National University of Mexico (UNAM), psychotherapist, and thanatologist. She delivers person-centred awareness training for medical staff on topics of care for people living with HIV. She has 25 years of experience providing psychological orientation to people living with HIV. She is part of the Citizen Council on HIV in Mexico City and is Programme Director at La Casa de La Sal, a Civil Association that

provides comprehensive care for people with HIV/AIDS and their families.

Germán Martínez Blanco is an independent actor and psychologist graduated from the National University of Mexico (UNAM). Since 2003 he has worked in NGOs, coordinating community psychological care programs. Since 2010 he has specialised in the HIV field doing prevention, early detection, and accompaniment of people living with HIV. He currently coordinates the Linkage to Medical Care programme in AHF Mexico and promotes the cabaret play entitled "Lights Out" with the Doom Cabaret company.

Rocío Sánchez Granillo López is a Psychologist, Psychotherapist, and PhD candidate in Human Sexuality. In her role as a lecturer at Universidad Iberoamericana in Mexico City, she supervises psychology trainees working with people living with HIV. As a result of this work, she co-founded 'preVIHene Por tu Vida', an organisation dedicated to deliver comprehensive sexual education programmes on primary prevention of STIs, unplanned pregnancies, and sexual health promotion.

Fraser Serle is a member of HIV Scotland's Community Advisory Network and Lothian HIV Patient Forum. He was also vice-chair of Positively UK in London until earlier this month.