

Give a little, get a lot

Fitting in, finding friends, 'the student experience'. There is no one way to be a student, but 4th year History (MA Hons) student Georgia-Taygeti shares her experience and how volunteering made the difference for her.

In my first year I didn't really feel like I was doing the student thing right. I made my closest friends during a Film Soc screening but they were not studying History and so when I would attend lectures and tutorials, I felt pretty lonely. Every afternoon, I would head off to my part-time job so couldn't attend most Society events. And while it was a great first year, I wanted to make an effort to feel more at home within the School of History, Classics and Archaeology (HCA).



When I came back for my 2nd year I joined the Peer Support Group for History and Classics as a volunteer. I hoped that by supporting 1st year students with their own transition into university life, I would find ways to also feel more integrated into the HCA community. And it worked! I still had a part-time job but most of our meetings were during lunch at the Rosalind Mitchison Room, the undergraduate 'common room', so this was finally something I could attend! I got to know the other volunteers – mostly 3rd and 4th years – most of whom I wouldn't have had the chance to meet if I hadn't joined the group and I was able to learn from their own experiences within HCA. So, in a way, I was the one being peer-supported without realising it but I also made close friends who then made me feel more at home within HCA.

I continued volunteering with Peer Support in my 3rd and 4th year. Now, I get to work with mentees from the years below me, but also spend time with other 4th years that I don't

necessarily share seminars with. When I look back on my 1st year, I remember how uncertain I was about the choices I was making, how overwhelming it felt at times to have to balance work, study, adjusting to a new city, making new friends, cooking for myself. When I decided to join Peer Support in my second year I felt that maybe it was 'too late'. It was definitely not. We all come here with different expectations and different responsibilities. I was only able to join Peer Support because it is so flexible in the times we met and I was only able to stay because I was surrounded by people who understood that sometimes I couldn't be there for our events or meetings because I had to be at work.

I'm not at the end of my student experience in Edinburgh and it did not look like what I thought it would when I was a teenager applying to University! I have loved my time here, though, but did it look like a coming-of-age film filled with wild nights out, heartbreak, and fancy balls? Not as much as I expected it to. My university experience has been more about potlucks, Sunday visits to the Stockbridge market, trying to figure out how to budget and pay for gas and electricity, and always missing the family Skype calls (and then getting yelled at by my mum for missing the family skype calls!), but because I volunteer for Peer Support, I feel like I belong to HCA. I recognize faces when I walk to class, I have people to chat to before the seminar starts. I didn't expect this to be such a big part of my student experience in Edinburgh, but it has! And I am really, really glad I joined up.

Find out more about peer support within the School of History, Classics and Archaeology