

# What to expect from your interview

Your interview will be a conversation, and so we can't share with you exactly what will be said (because there are likely to be interesting things that you say that we want to follow up on and ask more about) but we want to give you an idea of the types of things that you will be asked across the four parts of the interview. If you completed the Story Book, these will feel very familiar to you, and there will be opportunities to use the Story Book throughout the interview.

## What would you like us to know about you?

- Tell us about yourself! What would you like others to know about you?
- Take us back, what was life like for you growing up? How have things changed over time?
- You may want to talk about the people, places, relationships, moments or events that have been important to you.
- How was coming out for you?
- Intersectionality is extremely important to us in this research. Are there other identities, experiences, or characteristics that you would like to share with us?

## Understanding your experiences of suicide

- Can you tell me about the first time that you remember thinking about or feeling suicidal?
- Have there been times since then that you remember thinking about suicide or feeling suicidal?
- What do you feel was going on for you, or around you, that made living feel hard at those times?
- Are there any places or locations that you particularly associate with your experiences of suicide?
- Do you think your experiences as an LGBTQ+ person affected your experiences of suicide? If so, in what ways?

## What made life liveable for you?

- Who or what helped you to cope at times when you felt suicidal?
- What does or did supportiveness look and/or feel like for you?
- Are there any places or locations that you associate with feelings of safety from suicidal feelings? What are they like?
- What makes life liveable for you?
- Do you have any experiences of accessing, or trying to access, support for suicide through organisations or services? How was this for you?

## What support should be offered?

- Reflecting back on your own experiences what was important for people supporting you to know? Is there anything you wished they'd known?
- What do you think the most important features of support are?
- How should support be accessed? Who would it be delivered by? Where would it be?
- Is there anything that you would like to keep, get rid of entirely, or change from existing approaches to supporting people experiencing suicidal distress and suicide prevention?