

STATEMENT

This toolkit is designed to help users safely and responsibly create virtual personas, exploring possibilities in artistic creation, privacy protection, and identity awareness. We emphasize that the thoughtful use of virtual identities — to protect privacy, express oneself, and see the world from others' perspectives—can be a meaningful and enriching experience.

However, we explicitly state that all content is for reference only, and we assume no legal responsibility for misuse. Users are expected to comply with local laws and regulations and must not use virtual identities for any illegal, fraudulent, or unethical activities. This toolkit does not constitute legal or mental health advice; if you have any concerns, please consult a professional.

Prolonged immersion in the creation and role-playing of virtual personas may blur the boundaries between one's real and virtual identities. In psychology, this phenomenon is referred to as "role transition disorder" or "role absorption." This can lead to identity confusion, role conflict, or even mental health issues, such as Dissociative Identity Disorder (DID), particularly for individuals with fragile psychological states.

The creation of virtual personas may reduce interaction with the real world. If creators become overly invested in the fictional scenarios of their personas, they may gradually distance themselves from genuine interpersonal relationships or lose interest in real-life activities. This phenomenon, linked to "Immersion Syndrome," is commonly observed in individuals overly engrossed in online games or virtual worlds.

We strongly recommend incorporating a "flaw" into the elements of your created personas. This subtle reminder helps maintain the boundary between virtual and real, preventing identity confusion. Jumping down the rabbit hole is easy, but you may need a rope to climb back out.