

Life list, bucket list, it doesn't matter so much what you call it, more that it motivates you.

How many times have you said, "Oh I'd love to try..." or "I'd love to visit..." or "I wish I could learn..."? Well a life list is a nudge in the direction of achieving these things.

A life list (or some people say bucket list) or wish list is simply a list of all the things you'd like to achieve, and writing them down in a list is a way to gather these thoughts and encourage you to begin making things happen rather than just wishing your life away.

I wrote my life list just before my 30th birthday when I suddenly realised that I hadn't done any of the things I had assumed I would have done, before turning thirty (at 29, 30 seems like some sort of huge mile stone).

So now I am beginning to achieve and experience these things and I'm still adding more to my list. My list is really varied, all different experiences in their own right and all for different reasons and sometimes, one experience leads to another. For example; through studying Gaelic, I then learned about a Gaelic college on the Isle of Skye, instantly I thought, I want to go there and spend time in a Gaelic speaking environment to help my confidence and ability at the spoken word.

The list

Big Ones

Go to a TED conference	
Get a university degree	X
Run 10k	X
Cycle from Glasgow to Edinburgh	X
Be placed in a beer competition	X
Win a gold in a beer competition	X

Travel based goals

Visit New England	
Spend the holidays in a snowy country	
Renew my passport	X
Order a meal in another language in the relevant country	

Education Based Goals

Learn another language	X
Go to Sabhal Mor Ostaig	X
Learn to drive	X

Learn to make cool silver jewelry	
Learn to cook Thai Green Curry (from scratch)	X
Learn to make pesto (from scratch)	X
Learn to make bread	X
Learn to snowboard	X

Do the World's Coolest Activities

Snowboard on a mountain	
Go microlighting	X
Go paintballing	X
Bunjee Jump	
Snorkel/scuba and see tropical fish	

Events I wanna go to

Beltain (The Fire festival)	X
New York Pride	

People I wanna Meet

Meet Steven Fry	X
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Meet Bill Gates	
Meet Tom Kuhlmann	X

Just To Make Life Interesting

Grow my own veggies	X
BBQ on the beach	
Skinny dip	
Learn to shoot a hand gun	