
Essays on the provision of long term care to older adults in Scotland: did administrative data help?

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Overview

- Brief background
- Whistle stop tour of my PhD
- Did the administrative data help?

Brief background

- Undergraduate degree in Economics in Stirling (2009-2013)
 - Dissertation on the cost of free prescriptions in Scotland
 - Internship at HERU Aberdeen
- Masters in Economics in Edinburgh (2013-2014)
 - Dissertation on the impact of disability legislation on employment outcomes for the disabled
- PhD in Economics back in Stirling (2014-2018)*
 - Costs at the end of life
 - Costs of living alone
 - Costs of polypharmacy

Brief background

- Had access to social care, housing and health linked data set (XRB14001)
- Applied to update this data in April 2016

The Motivation

- **Changing structure of Scottish population**
 - The number of people aged 75+ is projected to increase by 27% over the next ten years and increase by 79% over the next 25 years.
- **Pressure on long term care services**
 - Expansion of morbidity
 - Shrinking social care resource
- **The role of unpaid carers**
 - About 17% of the population aged 50-64 are unpaid carers.
11% for 65+



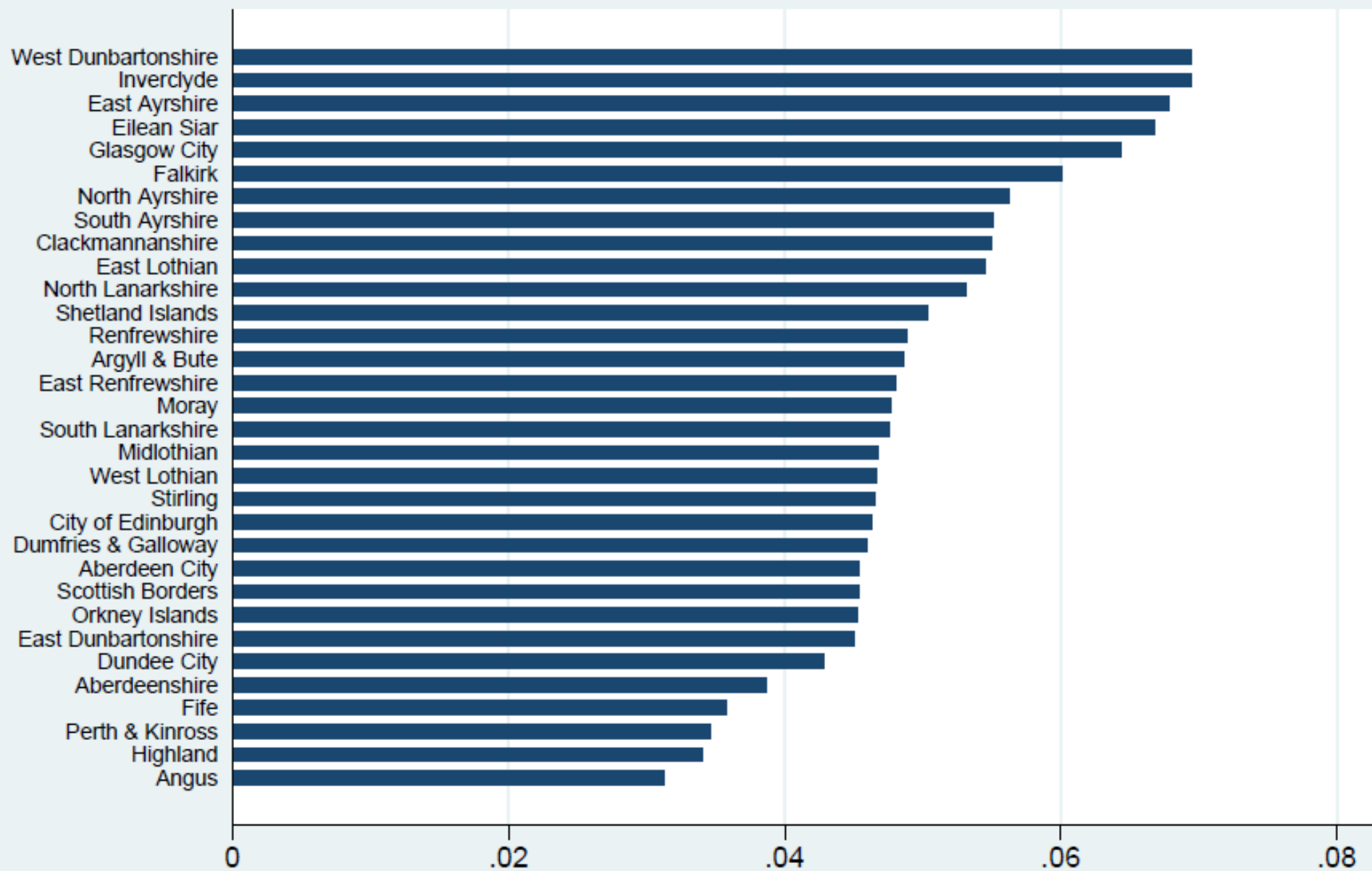
My PhD

- **Paper 1:** Variations in domiciliary free personal care across Scottish local authorities
- **Paper 2:** Utilisation of personal care services in Scotland: the influence of unpaid carers
- **Paper 3:** The cost of unpaid care: a standard of living approach

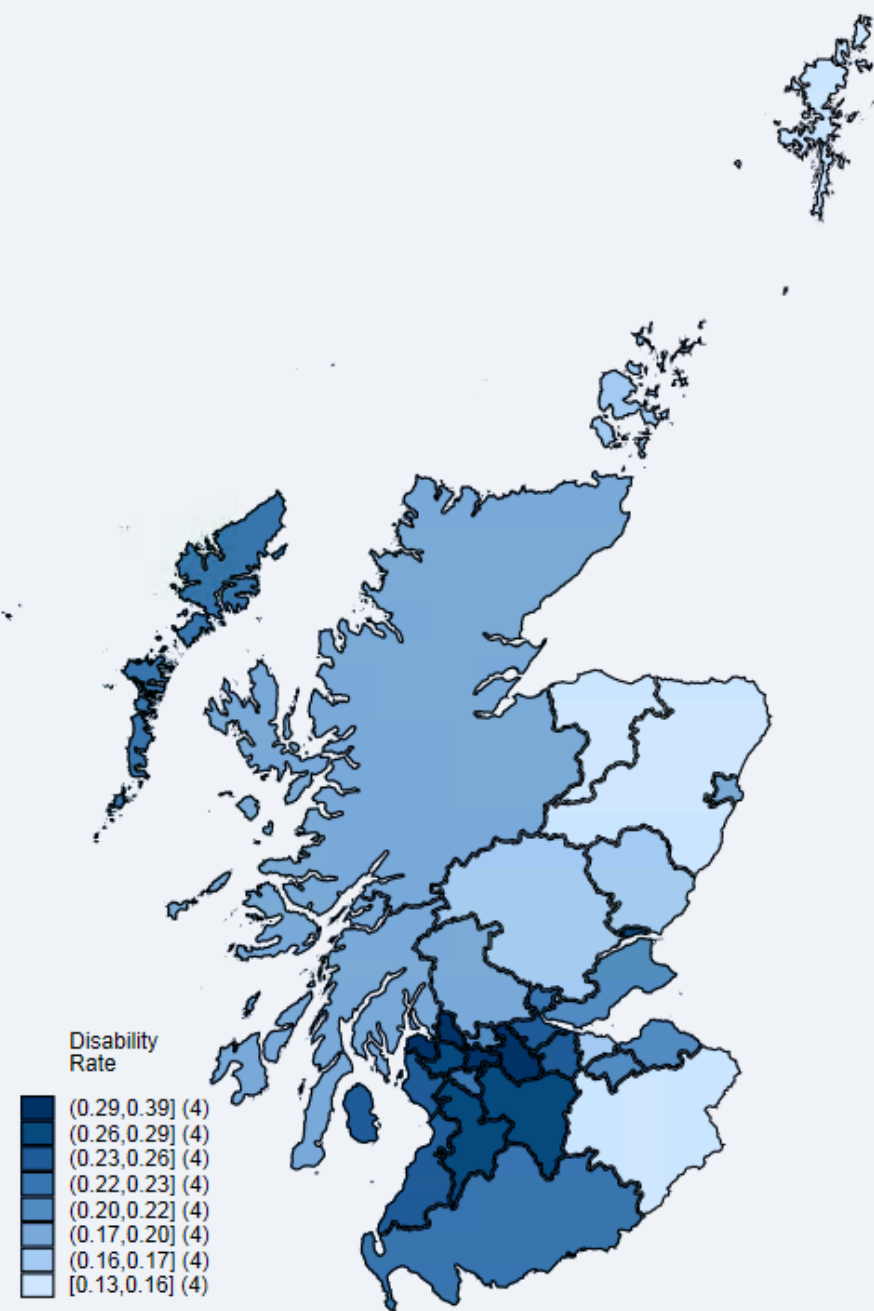
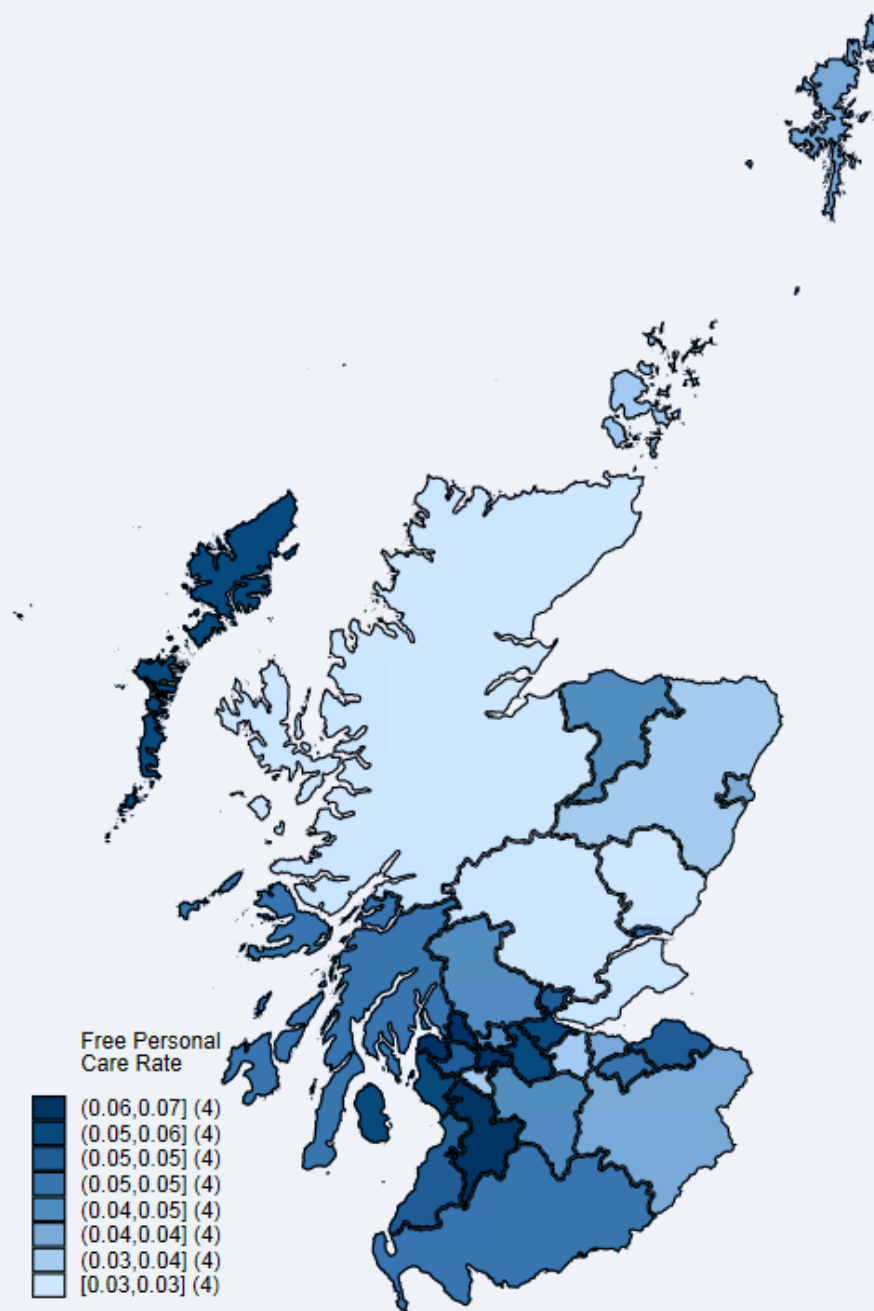
Paper 1:

*Variations in domiciliary free personal
care across Scottish local authorities*





Free Personal Care Rate
Mean = 0.05



Aim and contribution

- To offer evidence on the existence of geographic inequity in FPC provision, alongside evidence of what factors could be driving this inequity.
 - Looking at LTC
 - Unique context in Scotland
 - Geographic inequity
 - Unique administrative dataset- Scottish Social Care Survey

Key variables and data

- Free Personal Care Rate (FPCR)
- Personal care need
 - Disability Rate (DR) - Disability benefits including Attendance Allowance (AA) and Personal Independence Payments (PIP). Administered at UK level.
- 85+, gender, life expectancy, standard deviation of DR

The Model

$$y_{it} = f(n_{it}, m_{it}, a_{it}, g_{it}, p_{it})$$

Where:

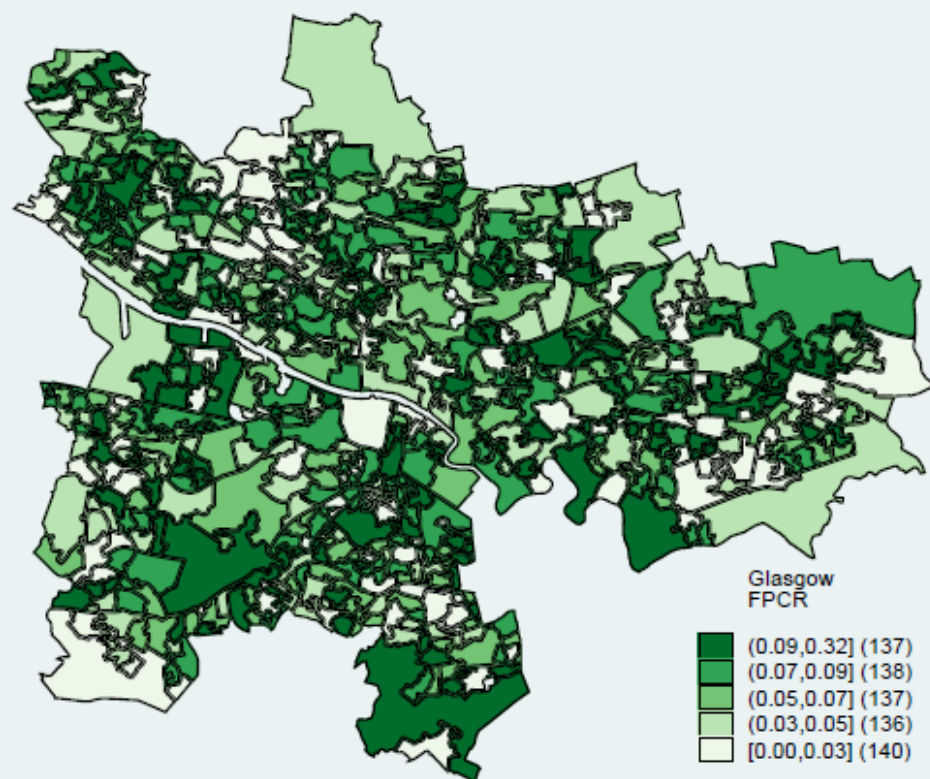
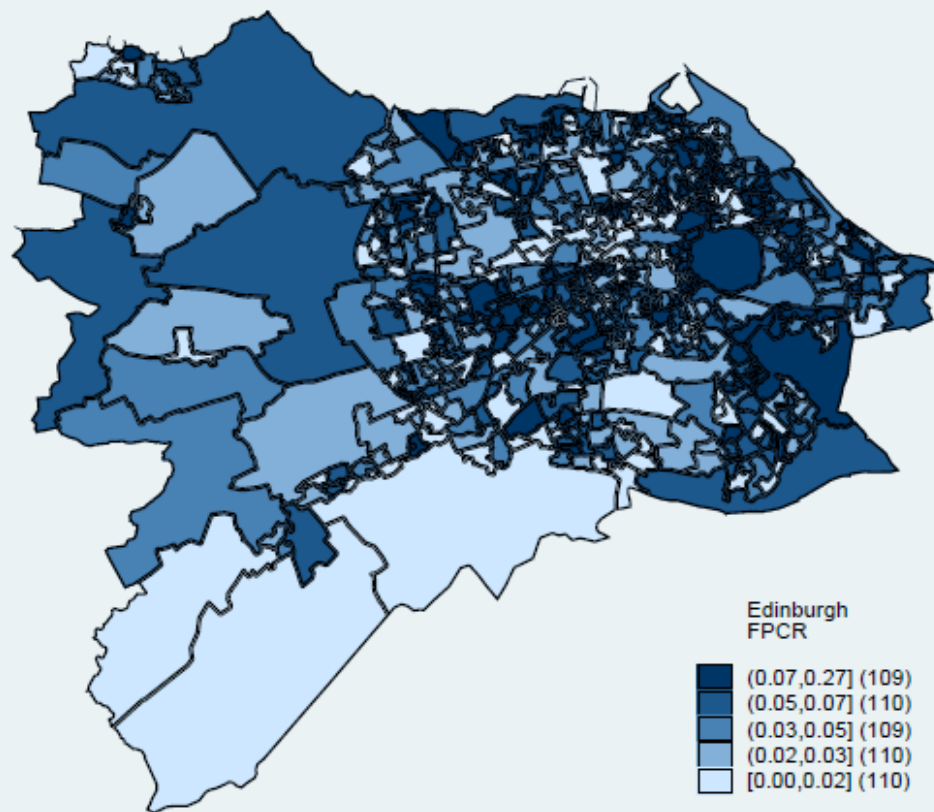
i	geography (local authority, data zone)
t	time period in years
y_{it}	the free personal care rate
n_{it}	needs-related characteristics
m_{it}	availability of other forms of care
a_{it}	access to care indicators
g_{it}	expenditure on FPC
p_{it}	political preferences

Analysis

$$y_{it} = \alpha + X_{it}\boldsymbol{\beta} + u_{it}$$

- Pooled OLS
- Fixed and random effects
- Spatial autocorrelation models to test for spillover effects

	Pooled	FE	RE	Spatial RE
Disability Rate	0.0564** (0.022)	0.291 (0.193)	0.0791* (0.043)	0.0957* (0.050)
Expenditure on FPC	-0.000622* (0.000)	-0.00136*** (0.000)	-0.00118*** (0.000)	-0.00119*** (0.000)
Gender	-0.082 (0.102)	0.306 (0.327)	0.026 (0.161)	0.001 (0.176)
Age	0.251*** (0.062)	0.0488*** (0.017)	0.0510*** (0.014)	0.052 (0.058)
Life Expectancy	-0.00317** (0.001)	- -	-0.002 (0.002)	-0.002 (0.003)
Married	-0.0560* (0.030)	- -	-0.056 (0.057)	-0.048 (0.057)
Income Deprivation	0.011 (0.007)	0.404 (0.371)	0.003 (0.011)	0.003 (0.016)
Standard Deviation DR	-0.054 (0.068)	0.000 -	-0.151 (0.106)	-0.118 (0.110)
Political Preferences	0.000 (0.000)	- -	0.000 (0.000)	0.000 (0.000)
2014	0.000 (0.002)	0.002 (0.002)	0.000 (0.001)	0.000 (0.001)
2015	-0.003 (0.002)	0.002 (0.003)	-0.001 (0.001)	-0.001 (0.001)
2016	-0.004 (0.002)	0.003 (0.004)	-0.002 (0.002)	-0.002 (0.001)
Constant	0.177*** (0.061)	-0.235 (0.232)	0.105 (0.114)	0.111 (0.113)
ρ	- -	- -	- -	-0.094 (0.089)
λ	- -	- -	- -	0.023 (0.232)
Moran Test for Spatial Dependence (prob >chi2)	N/A	N/A	N/A	-
Wald Test of Spatial Terms (prob >chi2)	N/A	N/A	N/A	0.555
R-Squared	0.47	0.34	0.43	0.452
Observations	128	128	128	128
Robust standard errors are shown in parentheses; * p < 0.10, ** p < 0.05, *** p < 0.01.				



	Pooled	FE	RE	Spatial Edin 2013	Spatial Edin 2014	Spatial RE Edin
Disability Rate	0.151*** (0.007)	0.0502*** (0.006)	0.119*** (0.005)	0.111*** (0.014)	0.182*** (0.015)	0.114*** (0.011)
Gender	0.0448*** (0.009)	-0.008 (0.015)	0.0404*** (0.007)	0.0499** (0.020)	0.0639*** (0.021)	0.0353** (0.017)
Age	0.106*** (0.010)	0.0950*** (0.010)	0.106*** (0.008)	0.0627*** (0.017)	0.020 (0.018)	0.0593*** (0.015)
Married	-0.0175*** (0.005)	- (0.014)	-0.0227*** (0.005)	0.000 (0.007)	-0.004 (0.008)	-0.005 (0.007)
Income Deprivation	-0.0212*** (0.006)	-0.009 (0.014)	0.001 (0.006)	0.018 (0.018)	-0.0535*** (0.020)	0.008 (0.016)
Standard Deviation DR	0.202 (0.160)	0.223 (0.158)	0.215 (0.158)	- (0.073)	- (0.074)	- (0.053)
2014	0.001 (0.001)	0.000 (0.001)	0.000 (0.001)	- (0.112)	- (0.105)	0.002 (0.095)
Constant	-0.0523** (0.025)	0.008 (0.021)	-0.0418* (0.025)	-0.018 (0.012)	-0.0224* (0.012)	-0.007 (0.010)
ρ	- (0.073)	- (0.074)	- (0.074)	0.092 (0.073)	0.069 (0.074)	0.0976* (0.053)
λ	- (0.112)	- (0.105)	- (0.105)	-0.030 (0.112)	0.135 (0.105)	0.129 (0.095)
Moran Test for Spatial Dependence (prob >chi2)	N/A	N/A	N/A	0.46	0.01***	-
Wald Test of Spatial Terms (prob >chi2)	N/A	N/A	N/A	0.36	0.03**	0.00***
Local Authority Dummies	Yes	Yes	Yes	N/A	N/A	N/A
R-Squared	0.41	0.03	0.41	0.27	0.33	0.29
Observations	12,996	12,996	12,996	548	548	1,096

Robust standard errors are shown in parentheses; * p <0.10, ** p <0.05, *** p <0.01

Results

- The DR is consistently positively associated with the FPCR
- Significance of local authority dummies suggests geographic inequity
- Spatial models show spillovers
- Loss of information not available at data zone level

Results and conclusions

- Despite universal coverage, we find evidence of geographic inequity with respect to FPC provision
- Possible explanations include local authorities strategies at managing demand
- Needs distributions
- Further research necessary
- Implications of taking over of new powers

Paper 2:

*Utilisation of personal care services in
Scotland: the influence of unpaid carers*



Motivation

- **2 competing hypotheses:**
 1. Substitution hypothesis
 2. Complementary hypothesis
- Mixed evidence in the literature
- Policy implications and consequences on the costs of formal care services will differ depending on which hypothesis holds

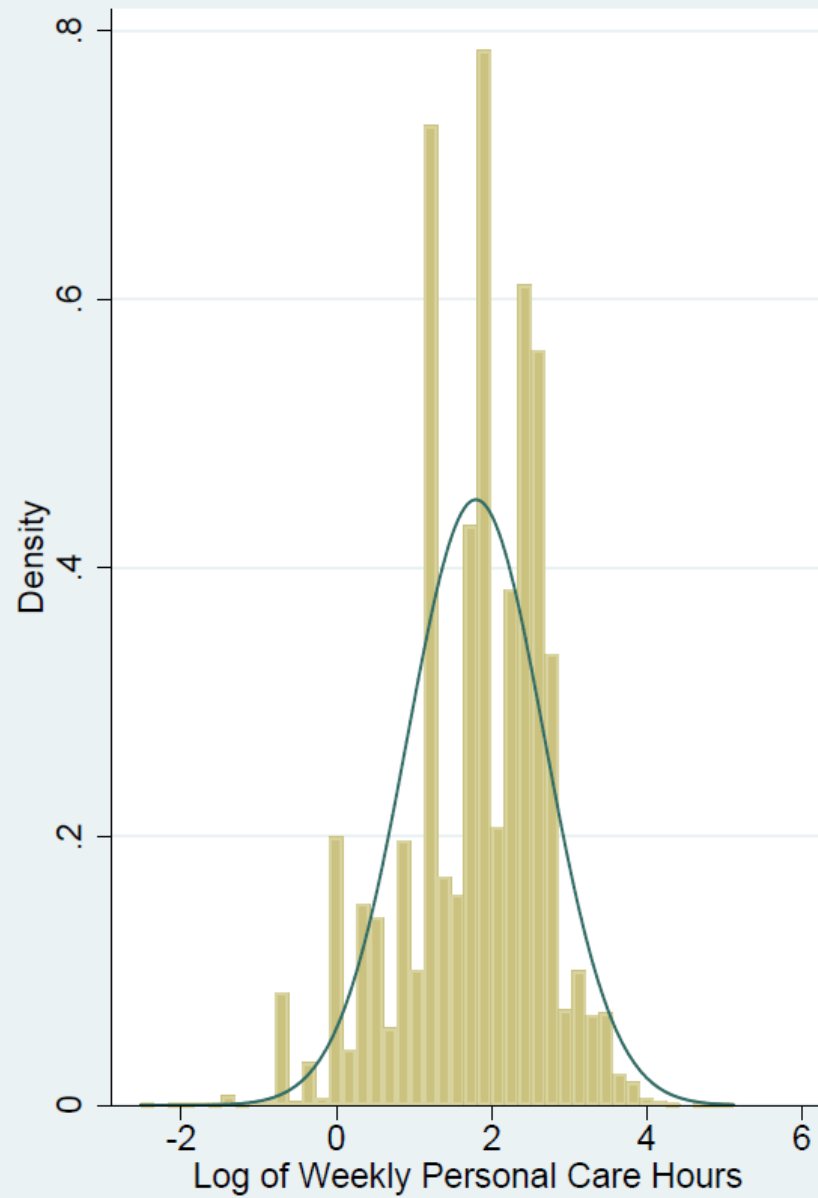
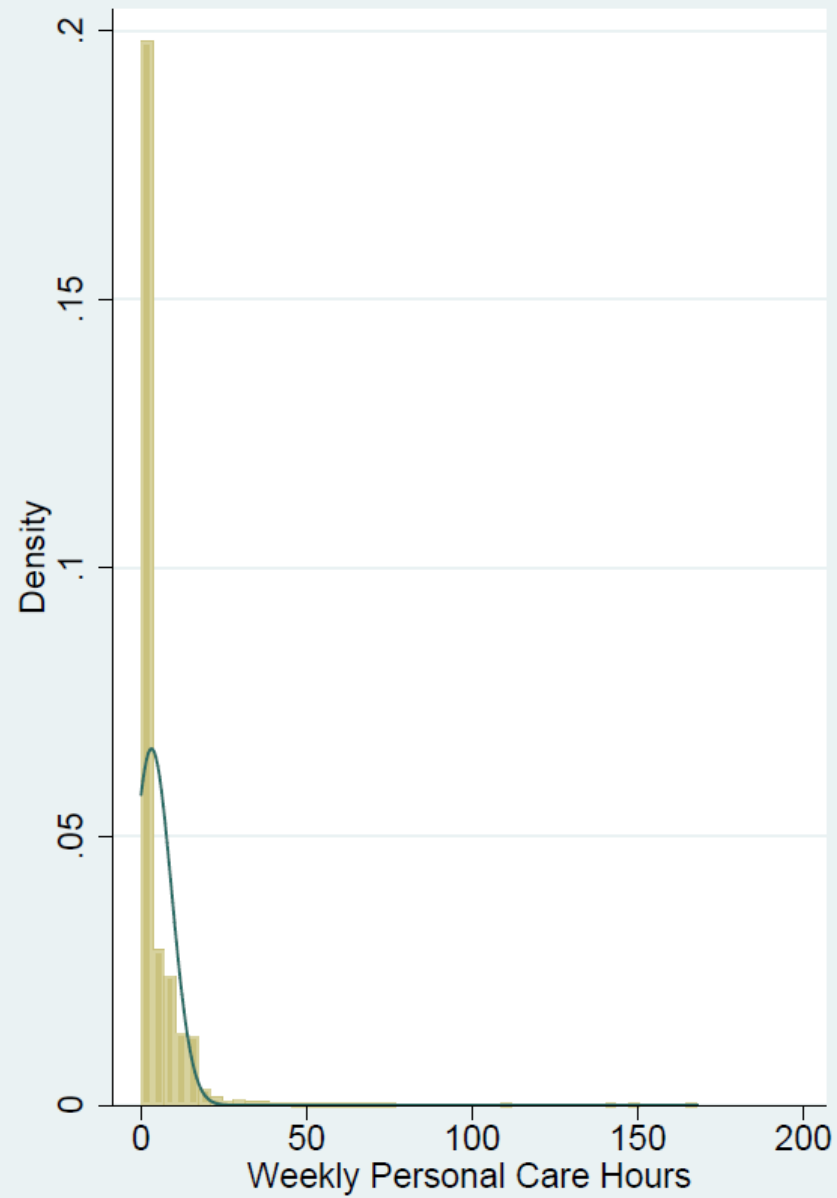
Aim and contribution

- To explore how unpaid carers influence Free Personal Care use by Scots aged 65 and over
 - First evidence for Scotland
 - Unique administrative dataset- Scottish Social Care Survey

The Model

$$PC_i = f(UC_i, X_i, \varepsilon_i)$$

- Where i indexes individual
- PC is weekly personal care hours
- UC is an indicator of unpaid care
- X is a vector of other socio-demographic and health characteristics including age, gender, local authority, need indicators, year.
- ε is the random error term.



Analysis

- 3 estimations:
 - 1: OLS with logged personal care hours

$$E[\ln PC_i | UC_i, X_i] = (\beta_{uc} UC_i + X_i' \beta + \epsilon_i)$$

- 2: Generalized Linear Model (GLM)

$$E[PC_i | UC_i, X_i] = g^{-1}(\beta_{uc} UC_i + X_i' \beta + \epsilon_i)$$

- 3: Two- Part Model (2PM)

$$Pr[PC_i > 0 | UC_i, X_i] = \Phi(\alpha_{uc} UC_i + X_i' \alpha + \xi_i)$$

$$E[PC_i | PC_i > 0, UC_i] = g^{-1}(\beta_{uc} UC_i + X_i' \beta + \epsilon_i)$$

Variable	OLS	GLM	2PM (P1)
Aged 75-84	-0.00818 (0.016)	-0.0273* (0.016)	0.0511*** (0.016)
Aged 85-94	0.0506*** (0.016)	0.0252 (0.017)	0.0155 (0.016)
Aged 95+	0.150*** (0.026)	0.125*** (0.023)	0.0326 (0.027)
Female	0.0250** (0.011)	0.0262** (-0.0102)	0.0313*** (-0.0112)
Has unpaid carer	0.114*** (0.013)	0.106*** (0.013)	0.269*** (0.015)
No. Oth Services	0.125*** (0.008)	0.100*** (0.007)	-0.185*** (0.008)
Dementia	0.0222 (0.017)	0.0161 (0.015)	0.00458 (0.018)
Multistaff	0.994*** (0.017)	0.939*** (0.015)	- -
SCS previously	0.0633*** (0.013)	0.0437*** (0.012)	0.169*** (0.014)
2015	-0.156*** (0.020)	-0.120*** (0.018)	-0.663*** (0.021)
2016	-0.113*** (-0.0207)	-0.0742*** (-0.0189)	-0.353*** (-0.0214)
Constant	1.521*** (0.120)	1.886*** (0.123)	0.511*** (0.128)
Observations	25,423	25,423	67,682
Marginal Effect	0.80***	0.90***	1.23***

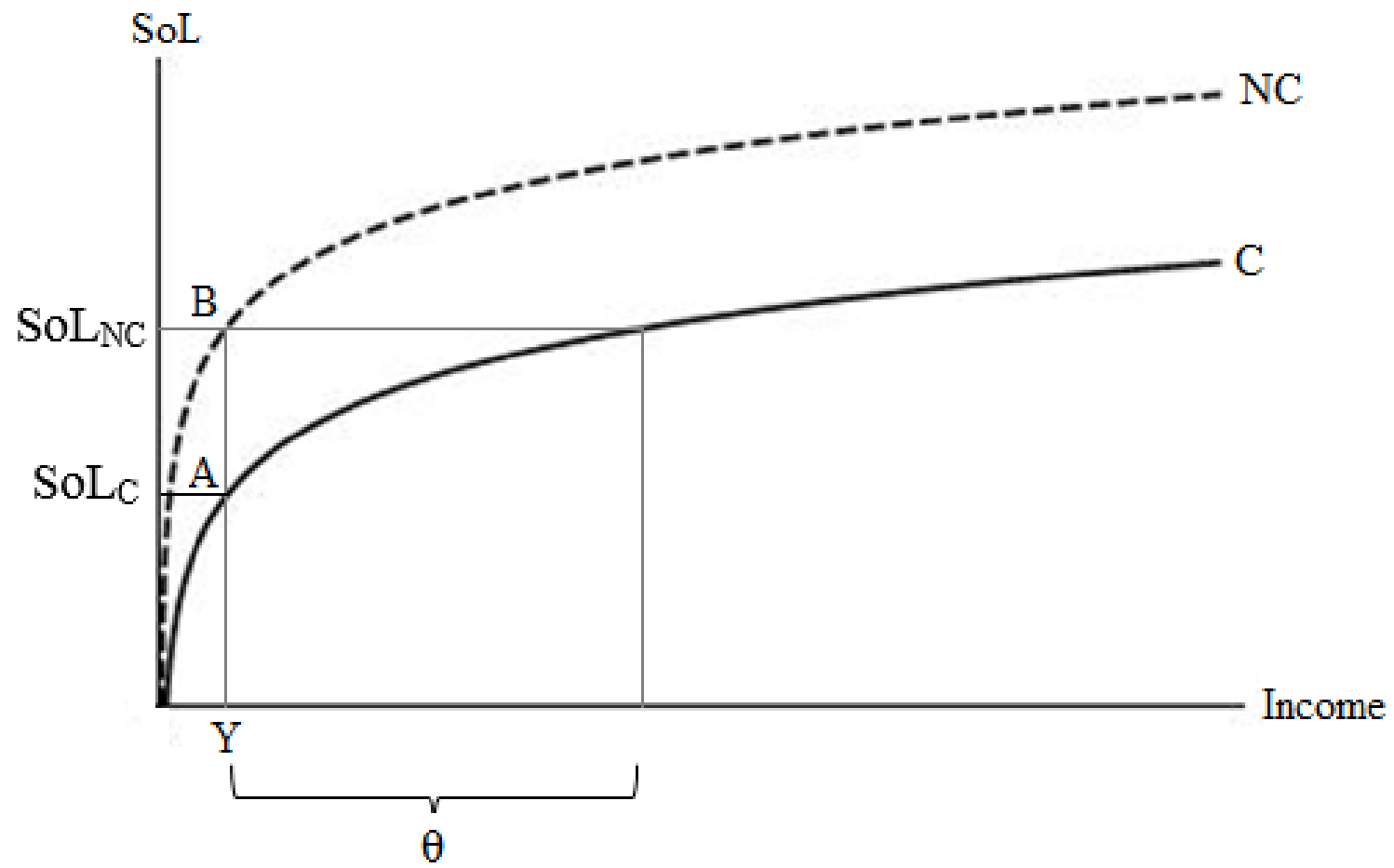
*Robust standard errors are shown in parentheses; * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$
Local authority dummies are included but are not presented in output.*

Results and conclusions

- Incremental effect of unpaid care on personal care hours:
 - **OLS**: 50 minutes per week
 - **GLM**: 54 minutes per week
 - **2PM**: 1 hour 14 minutes per week
- Unpaid care tends to complement personal care services.
- Robust to a variety of sensitivity and endogeneity checks.
- Number of limitations mainly concerning the data.

Paper 3:

The cost of unpaid care: a standard of living approach



Motivation

- Current costing methods:-
 - Opportunity cost
 - Proxy goods
 - Discrete choice experiments
 - Well being approach
- Reliance on accurate measure of time spent caring.
- Underestimation highly likely

Aim and contribution

- Seeks to estimate the monetary cost associated with the provision of unpaid care provision.
 - Focus on material impact of caregiving rather than time
 - First evidence on ability of carers allowance to appropriately compensate unpaid carers

The Model

- Data from Family Resources Survey

$$SoL_j = \beta_1 f(Y) - \beta_2 C_j$$

Where:

SoL_j represents the SoL of individual j

$f(Y)$ represents some function of income Y

C_j represents an indicator of the care status of individual j , i.e. carer or non-carer.

The Model

The necessary compensation for providing care, θ , is calculated such that it gives a carer the same SoL as a non-carer. Hence:

$$SoL_{NC} = SoL_C$$

$$\beta_1 f(Y) = \beta_1 f(Y + \theta) - \beta_2$$

Three functional forms of income are specified: linear, log and log-quadratic. This results in three compensation parameters:-

$$\theta_1 = \frac{\beta_2}{\beta_1}; \theta_2 = Y \left[e^{\frac{\beta_2}{\beta_1}} - 1 \right]; \theta_3 = \exp \left[\frac{-\beta_1 + \sqrt{\beta_1^2 + 4\alpha c}}{2\alpha} \right] - Y$$

Where: $c = \beta_1 \ln Y + \alpha (\ln Y)^2 + \beta_2$

Analysis

$$SoL_i^* = \beta_1 f(Y_i) - \beta_2 g(C) + Z' \beta_3 + \epsilon_i$$

- Where i indexes individuals.
- Where SoL^* is a latent variable made up of 12 SoL indicators.
- $f(Y)$ represents the three functional forms of income and β_1 their corresponding effects on SoL.
- $g(C)$ represents the care status of the individual and β_2 the associated coefficients.
- Z' captures all other observable, individual characteristics.
- ϵ captures other unobserved influences on SoL.

Variable	Specification		
	(1)	(2)	(3)
Income (β_1)	0.00228*** (0.000)	- -	- -
Carer (β_2)	-0.361*** (0.102)	-0.435*** (0.103)	-0.366*** (0.100)
Disabled	-1.487*** (0.072)	-1.456*** (0.072)	-1.323*** (0.069)
Retired	1.652*** (0.103)	1.498*** (0.102)	1.695*** (0.103)
Age	0.0541*** (0.003)	0.0587*** (0.003)	0.0579*** (0.003)
University	0.738*** (0.073)	0.887*** (0.074)	0.618*** (0.071)
Married	0.414*** (0.056)	0.312*** (0.056)	0.0911 (0.056)
Year	0.233*** (0.023)	0.234*** (0.023)	0.213*** (0.023)
ln income(β_1)	- -	1.421*** (0.055)	-2.429*** (0.205)
(ln income) ² (α)	- -	- -	0.348*** (0.020)
Constant	4.665*** (0.295)	4.761*** (0.299)	4.348*** (0.273)
AIC	68665.3	68320.7	67850
BIC	68908.4	68563.7	68100.6
θ	$\theta_1 = \text{£}158$	$\theta_2 = \text{£}200$	$\theta_3 = \text{£}101$
N	14,706	14,679	14,679
Robust standard errors are shown in parentheses: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$			

Variable	Specification		
	(1)	(2)	(3)
Income (β_1)	0.00226*** (0.000)	-	-
Live with carer (β_2)	-0.882*** (0.154)	-1.033*** (0.156)	-0.857*** (0.151)
Parent carer (β_3)	0.0142 (0.133)	-0.0124 (0.133)	-0.013 (0.130)
Disabled	-1.473*** (0.072)	-1.439*** (0.072)	-1.310*** (0.068)
Retired	1.680*** (0.104)	1.532*** (0.103)	1.721*** (0.103)
Age	0.0538*** (0.003)	0.0583*** (0.003)	0.0575*** (0.003)
Univesity	0.733*** (0.073)	0.878*** (0.074)	0.613*** (0.071)
Married	0.441*** (0.057)	0.342*** (0.057)	0.117* (0.056)
Year	0.236*** (0.023)	0.238*** (0.023)	0.216*** (0.023)
ln income (β_1)	-	1.413*** (0.055)	-2.404*** (0.204)
(ln income) ² (α)	-	-	0.346*** (0.020)
Constant	4.652*** (0.294)	4.741*** (0.298)	4.335*** (0.272)
AIC	68647.5	68297.3	67833.6
BIC	68898.1	68547.9	68091.8
θ	$\theta_4 = \text{£}390$ $\theta_5 = \text{£}0$	$\theta_6 = \text{£}506$ $\theta_7 = \text{£}0$	$\theta_8 = \text{£}229$ $\theta_9 = \text{£}0$
N	14,706	14,679	14,679

Robust standard errors are shown in parentheses: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$

Results and conclusions

- Unpaid carers experience a significant reduction in their SoL due to caring.
- This reduction is far greater for those who are living with the person being cared for.
- According to the best fitting model, they would need to be compensated by £229 per week.
- The current carers allowance is £64.60 per week.
- Limitations- positive effects, care networks, monetary payment as compensation, selection problem.

PhD Reflections

- The problems associated with the provision of LTC to older adults is only going to continue to grow.
- Unmet need is a particular difficulty.
- The administrative data struggle is real!

Administrative Data Reflections

- Did the administrative data help?
 - Yes! But...
 - Original PhD questions: Costs at the end of life; Costs of living alone; Costs of polypharmacy
 - Lack of controls
 - Missing data, differences between local authorities
 - Data needed on carer and cared for
 - Approvals and data linkage process

Administrative Data Reflections

- How can things change going forward?
 - There needs to be more information available to researchers
 - [Early Career Researchers Using Scottish Administrative Data \(eCRUSADers\)](#)
 - Answering policy relevant questions needs the right data
 - Data repositories

Thank you!



SG team: Julie, Ellen, Guy and Kirsty

