



Interrailingcirca1984

last seen: today at 17:09



FELIX: I think this pandemic should be used as a challenge of human morality

20:47

NANCY: Yeh, where I live in Hackney, the overcrowding of our block has highlighted the inequalities present

20:48

NANCY: A moral rebirth is needed

20:48

JANICE: Have you heard the term 'cultural midwives' used?

20:48

SAM: Nah what's that?

20:48

JANICE: Well, it's people like me who are essential workers. For us, COVID has revealed just how quickly our lives can go in reverse

20:49

NANCY: And this governments done nothing for us!

20:49

JUSTIN: If anything, individuals have started to change their consciousness and begun relying on communities

20:49 ✓

SAM: It's said that it's up to us to contribute to the metanarrative of what we call everyday life. Can you believe that people were bulk buying products from supermarkets? It says something about what we truly find important in life...

20:49

FELIX: This is exactly why it's necessary to readdress the ethical compass of us as individuals

20:50

JANICE: Keeping up with our health is also imperative both for mental and physical health

20:50

SAM: Talking about bettering ourselves, Nancy how are you feeling? Given up smoking?

20:51

NANCY: No not yet

20:51

JUSTIN: I'm sure smoking would increase your chance of dying from COVID wouldn't it?

20:52 ✓

NANCY: It doesn't actually! Only thing is us smokers would have is worse symptoms

20:52

FELIX: You're lucky you can even access tobacco! A pal of mine lives in South Africa and couldn't get his hands on any cigarettes because sale was banned during the lockdown

20:53

JUSTIN: From an economic perspective, I bet governments face a great dilemma due to the revenue tobacco makes. To ban or not to ban

20:53 ✓



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NANCY: Let's not be too dramatic! Maybe using taxation would work, or perhaps preventative measures?

20:55

JUSTIN: Banning it in the UK will only lead to uproar. There needs to be – like many aspects of this pandemic – a balance between restriction and consumption

20:55 ✓

FELIX: Well, it's up to individuals. Can society put aside so many luxuries that we have previously been accustomed to?

20:55

NANCY: I can't imagine not going on holiday :(

20:56

JANICE: This is exactly it; the paradigm surrounding boosting the economy and accepting the rise of COVID

20:56

FELIX: Looking at the idea of a wellbeing economy, economic leaders must realign their thinking in terms of approach don't you think?

14:03

JUSTIN: Well we have to get back to normality soon! Can't spend our whole lives living in fear!

14:03 ✓

JANICE: There may be light at the end of the tunnel with a potential new vaccine

14:03

SAM: Isn't it meant to be rolled out in December of this year?

14:04

JANICE: Potentially. It would go to the medically vulnerable first

14:04

FELIX: What about the socially vulnerable? I feel as if they are often overlooked

14:04

NANCY: It's because people refuse to look at the conditions that we have lived in throughout this pandemic. I've had to go to food banks and trust me, it's not a nice way to live without the necessary support. With no real outdoor spaces, I spent most of lockdown on Netflix or listening to music!

14:04

SAM: Speaking of music, Justin, how are you holding up?

14:05

JUSTIN: If I'm honest as a musician, the pandemic has presented great challenges. This industry is predominantly built on freelancers

14:06 ✓

NANCY: It's ridiculous that Rishi Sunak advised the creative sector to retrain and find different jobs when throughout the pandemic, the Arts provided a levity of escapism from everyday life

14:06

JUSTIN:: Exactly! It's predicted that a third of musicians will lose their jobs

14:06 ✓

NANCY: I've heard that even recording studios have been shut down

14:06

JUSTIN: It's heart breaking. I've had to sell most of my instruments

14:07 ✓

JUSTIN: However, if one positive has come out of this pandemic it's the effect it has had on the environment

14:07 ✓

NANCY: In Hackney, the reduction in travel has led to cleaner air. You can even start to see more clearly!

14:07

JANICE: It's so nice to see people engaging with their local areas, as throughout the lockdown, the environment was one of the few things that could provide us with joy

14:07

JUSTIN: Hopefully people maintain the changes they have made...

14:08 ✓

SAM: Having worked in an office previous to the pandemic, my department at work have figured out that it is more cost effective to work from home

14:08

FELIX: I've started to use my bike to get to work as I begin to save money here and there due to decreased outgoings

14:09

JANICE: One less car on the road! Just billions more to go

14:09

SAM: LAUGHING FACES

14:09

FELIX: Hate to break it to you but here in Germany we're actually dealing with the pandemic quite well!

14:10

JANICE: I know, the way that local responses were bolstered on the infrastructure that already existed was impressive

14:10

NANCY: Deffo reckon it's got something to do with Angela Merkel. Women always come up on top

14:10

JANICE: 70% of frontline workers are women you know

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FELIX: It definitely shows something but look at the male leaders at the moment; it may just be men doing really badly!

14:13

JANICE: Less females were also put into intensive care compared to men

14:13

JUSTIN: I heard it was something like 10 women for 11 men

14:13 ✓

JANICE: That's it! We still haven't figured out why this is. It is so important that men in the labour industry use PPE effectively in order to halt the spread to middle aged men

14:13



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FELIX: Look at this 🤔🤔🤔
14:14



Jenn7399
@jenn7399

me when i call it COVID-19 instead of
the rona



NANCY: What does the virus actually look like?
14:15

JANICE: It's a cell that has spike proteins. It works by replicating the inside of a living cell.
14:15

FELIX: Wow!
14:15

JANICE: It uses the 'lock and key' method to take over the cell. People with underlying health issues therefore are under increased risk
14:15

NANCY: Oh, I've made sure that with my diabetes I'm extra careful.
14:16

FELIX: I actually had COVID-19 but didn't really have any symptoms.
14:16

JANICE: That's called asymptomatic. You're very lucky. In Iran, 98% of sufferers lost their taste and smell for a period of time!
14:16

NANCY: I heard of something called long COVID.
14:16

JANICE: Aah, that's when people are expected to experience long term effects having contracted it, like lung problems
14:17

SAM: I've heard that consuming cow urine can cure COVID.
14:17

JANICE: WHERE HAVE YOU GOTTEN THAT INFORMATION FROM??
14:18

SAM: Uh, the internet?
14:18

JANICE: 🤪 you need to be so careful what you read
14:18

FELIX: Have you not seen what Angela Merkel said about conspiracies? She called it 'pandemic populism.'
14:18

NANCY: Mate, all fake news does is spread fear. Make sure you're fact checking the reliability of the stuff you're reading
14:18

JANICE: If you want a reliable source, try the Oxford University 'our world in data'
14:19

JUSTIN: I was looking at that the other day. It is so encouraging to see data being used without a political agenda

14:19 ✓

NANCY: Who does the data come from?

14:19

JUSTIN: The World Bank mainly

14:19 ✓

FELIX: And the World Health Organisation (WHO)

14:20

JANICE: Reliable international data sets

14:20

NANCY: d it's all there for everybody to see?

14:21

JUSTIN: Yep, that's the point. Countries can learn from each other rather than acting politically. It is also a very good resource for experts in many fields

14:21 ✓

FELIX: As we speak, Sweden's death rate due to COVID is decreasing

14:21

SAM: It is almost unfathomable that this is happening

14:21

JANICE: The thing is, I medics have seen this pandemic coming for a while

14:21

NANCY: How?

14:22

JANICE: Well, this virus has been around since the 1960's, it's just taken a while to mutate

14:22

FELIX: Yeh but there's massive differences now. New technologies, new methods of intervention, more innovative forms of distribution. The list goes on

14:22

JANICE: True, but what history can't do is provide solutions for the problems faced now

14:22

FELIX: Of course not, but we still use the same basic methods as they did during the 3rd Plague in 1894!

14:23

SAM: OMG! Look at this!

14:23

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HEALTH 1 April 2020
By Donna Lu



14:23



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SAM: All of this reminds me of the 'Patient 0' theory during the AIDS pandemic

14:23

FELIX: The fact that people believed that AIDS was brought to America by a promiscuous flight attendant is just ridiculous. So toxic to use theories like that

14:24

NANCY: Looking into the future, we need to look at factors through system thinking

14:24

JANICE: I'd agree, viewing events through multiple lenses allows for a more tangible outcome

14:24

FELIX: Although we now have to rebuild our world, rethinking many models that have been in place for years may provide us with some positive solutions

14:24

JANICE: A real planetary approach!

14:24

JUSTIN: I think we needed a moment to pause and reflect on every aspect of our lives and how imperative it is to constantly be reviewing one's own humanity and values

14:24 ✓

SAM: It is not over yet though! The intersectionality between human beings and nature still lies in the balance. Not only do we need to reflect but we must also be questioning our privilege

14:25

NANCY: Absolutely! What - as individuals - can we do?

14:25

JANICE: It is thinking like this and small changes that will truly, one day, make the biggest difference

14:25



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